



Contact! • Heather Deming swings and gets good contact with the ball.

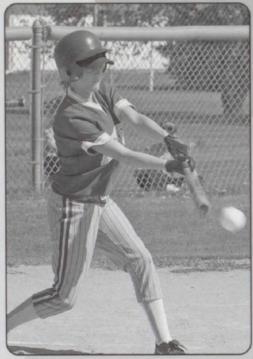


The throw ... • Daniel Payne launches a good one.

I've been better ... • Kayla Beracy rests and ices her knee that had been bothering her.



Launch! • *Kylie Bisel* gives it all in the long-jump competition.



Swinger • Trista Lake takes cuts for the ball.



Get in there • Barbara Gall lets one fly from the mound.

Phew! • Stephanie Beak gives a grin when she realizes that the tag was too high.

